

(Session: **2023–24**)

SPLIT UP SYLLABUS: CLASS - XI

Subject:-ENGLISH

Month	Working Days	Lessons / Topics / Days
		(HORNBILL-THE PORTRAIT OF A LADY-(3P), A PHOTOGRAPH-(2P) NOTICE WRITING-(3P) FORMAL LETTER WRITING (APPLICATIONS)-3P GRAMMAR-DETERMINERS-2P)
June	9	FORMAL LETTER (LETTER OF ENQUIRY, COMPLAINT, REPLY, PLACING ORDER AND CANCELLATION) - (4P)
		SNAPSHOTS-THE SUMMER OF THE BEAUTIFUL WHITE HORSE-(3P CLASS TEST LIT
July	23	HORNBILL- DISCOVERING TUT-(3P), LABOURNUM TOP-(2P), THE VOICE OF THE RAIN—(1P), CHILDHOOD-(2P), FATHER TO SON-(2P), GRAMMAR-MODALS—2P WE'RE NOT AFRAID TO DIEIF WE CAN ALL BE TOGETHER-(4P) SNAPSHOTS-RANGA'S MARRIAGE-(3P), ALBERT EINSTEIN AT SCHOOL-(3P),
July	25	WRITING ADVERTISEMETS (COMMERCIAL & CLASSIFIED)—5P, SPEECH AND
		DEBATE WRITING-(5P), GRAMMAR-(TENSE)- (5P), NOTE-MAKING-(2P), CLASS TEST WRITING
		GRAMMAR (CLAUSES AND VOICE)—(8P), FORMAL LETTER (LETTER TO THE
		EDITOR, APPLICATION FOR JOB AND APPLICATION TO COLLEGE AUTHORITIES)-
August	23	(5P),INVITATION AND REPLIES-(5P), CLASS TEST WRITING HORNBILL-THE
		ADVENTURE
		GRAMMAR (DIRECT & INDIRECT SPEECHE)-4P), PARAGRAPH EDITING
		OMISSION/MISSING WORD –(3P) FORMAL LETTER (LETTER TO THE EDITOR,
September	20	APPLICATION FOR JOB, LETTER TO THE/APPLICATION TO SCHOOL PRINCIPAL
		ANDCOLLEGE AUTHORITIES)- (5P), INVITATION AND REPLIES- FORMAL(5P),
		POSTER –(4P) CLASS TEST GRAMMAR
		SNAPSHOTS-MOTHER'S DAY-(4P), THE GHAT OF THE ONLY WORLD-(4P), BIRTH-
October	21	(3P), THE TALE OF MELON CITY-(3P), THE ADDRESS-(3P) WRITING-GRAMMAR-
		(EDITING OF THE PASSAGES)-2P CLSS TEST LITT
		HORNBILL- SILK ROAD -4P
		VERSION-(2P), THE ADVENTURE-(3P), GRAMMAR PRACTICE (FILL IN THE
November	15	BLANKS)-3P CLASS TEST WRITING AND GRAMMAR
		ARTICLE WRITING-(5P), REPORT WRITING-(5P), GRAMMAR PRACTICE
December	20	(EDITING AND ERROR CORRECTION)- (5P), NOTE-MAKING PRACTICE-(2P)
		COMPETENCY BASED QUESTION PRACTICE FROM LITT AND READING GRAMMAR-RE-ORDERING OF SENTENCES-(5P), TRANSFORMATION OF
		SENTENCES-(5P),
January	21	WRITING- FORMAL LETTERS PRACTICE-5P SPEECH WRITING PRACTICE-3P
		Revision& practice reading, writing and literature WRITING – DEBATE -4P,
February	30	ARTICLE-4P , PRACTICE OF ADVERTISEMENTS & REPORT WRITING-4P
	20	GRAMMAR PRACTICE -4P, LONG QUESTION & ANSWER WRITING PRACTICE VALUE BASED (HORNBILL & SNAPSHOTS)-4P, ASL
	ANNUAL	WEEL BUSINE (HOURSEL & SIMI SHOTS) TO JASE
MARCH	EXAM	
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(Session : **2023-24**)

SPLIT UP SYLLABUS :CLASS – XI

Subject: Mathematics

MONTH	Working Days (Approx.)	LESSONS / TOPICS
APRIL	11	
MAY	6	
June	9	CH-1. SETS CH-6. LINEAR INEQUALITIES
July	21	CH-10. STRAIGHT LINES
August	16	CH-11. CONIC SECTIONS (Circle, Parabola, Ellipse, Hyperbola) CH-12. INTRODUCTION TO 3-DGEOMETRY
September	20	CH-3. TRIGONOMETRIC FUNCTIONS P.A-1 EXAMINATION
October	14	CH-9. SEQUENCE & SERIES
November	12	CH-5. COMPLEX NUMBERS & QUADRATIC EQUATIONS
December	12	CH-7. PERMUTATIONS & COMBINATIONS P.A-2 EXAMINATION
January	12	CH-8. BINOMIAL THEOREM
February	12	CH-2. RELATIONS & FUNCTIONS CH-13. LIMITS
March	17	CH-13. DERIVATIVES ANNUAL EXAMINATION



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SPLIT UP SYLLABUS : CLASS – XI

Subject: Physics

Month	Working Day	Lesson	Activities	Life Skills
June	9	Ch-1 ,Physical world and fundamental mathematics		Able to be react positively under critical situations, copes with stress in an effective manner, Remains composed and collected in stressful situations.
July	25	Ch-2, Unit and Trigonometerical Function Differentiation	To determine surface tension of water by capillarytube method	Remains composed and collected in stressful situations, is sensitive towards the environment, is tolerant with diversity
Aug	25	Ch-3, Vector Integration Motion in Straight line (Ch-4)	To measure the cylinder of a diameter given by screw-gauge	Contributes frequently to group conversations, Exhibits good listening skills
Sep	19	Ch-5, Laws of motion Ch-6, Work energy and power P.A-1 EXAMINATION	To measure thickness of given sheet by screwgauge.	Exhibits good listening skills, is able to make use of speech, action and expression while communicating
Oct	19	Ch-7, System of particles and rotational motion Ch-8, Gravitation	To measure diameter of small spherical body with the help of vernier calipers	Is able to make use of speech, action and expression while communicating, knows the difference between assertive, aggressive and submissive manners of communication
Nov	24	Ch-9, Mechanical properties of solids Ch-10, , Mechanical properties of fluids Ch-11, thermal properties of matters	To measure diameter of small cylindrical body withthe help of vernier calipers	Is able to interact effectively with peers and teachers, Ability to find creative and constructive solutions to problems and issues
Dec	23	Ch-12, Thermodynamics. Ch-13, Kinetic theory of gases Ch-14, Oscillations (CONTD)	Find the time period of simple pendulum for different length of string	Ability to find creative and constructive solutions to problems and issues, can make independent judgement in crucial matters. HALF YEARLY EXAMINATION
Jan	22	Ch-14, Oscillations Ch-15, Waves P.A-2 EXAMINATION	To determine the weight orto different objects by beam balance.	Has fluency in expression, is independent in thinking, Assesses the statements and arguments, Examines the problems closely, Listens carefully and gives feedback, Tries to find out alternatives and solutions
Feb	24	Revision	To find the spring const ofhelical spring from load extension graph	Has fluency in expression, is independent in thinking, Assesses the statements and arguments, Examines the problems closely, Listens carefully and gives feedback, tries to find out alternatives and solutions.
Mar	6	ANNUAI	EXAMINATION	



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SPLIT UP SYLLABUS : CLASS - XI

Subject: CHEMISTRY

MONTH	Working Days (Approx.)	LESSONS / TOPICS
APRIL	17	SOME BASIC CONCEPTS OF CHEMISTRY STRUCTURE OF ATOM
MAY	12	STRUCTURE OF ATOM
June	07	CLASSIFICATION OF ELEMENTS AND PERIODICITY IN PROPERTIE
July	23	CHEMICAL BONDING AND MOLECULAR STRUCTURE
August	19	ORGANIC CHEMISTRY: SOME BASIC PRINCIPLES AND TECHNIQUES/ HYDROCARBONS
September	22	STATES OF MATTER: GASES AND LIQUIDS STATES OF MATTER: GASES AND LIQUIDS P.A-1 EXAMINATION
October	19	S- BLOCK ELEMENTS P-BLOCK ELEMENTS
November	15	CHEMICAL THERMODYANMICS / REDOX REACTIONS
December	20	EQUILIBRIUM UPTO/LE -CHATELIER'S PRINCIPLE / ENVIRONMENTAL CHEMISTRY HALF YEARLY EXAMINATION
January	18	Revision : ORGANIC CHEMISTRY P.A-2 EXAMINATION
February	19	Revision : inorganic / physical chemistry
March		ANNUAL / BOARD EXAMINATION



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SPLIT UP SYLLABUS : CLASS - XI

Subject : Biology

MONTH	Working Days (Approx.)	LESSONS / TOPICS
APRIL		
MAY		
June	07	Chapter 1 the living world
July	23	chapter 8 cell the unit of life
August	19	chapter 2 biological classification chapter 3 plant Kingdom
September	22	Chapter 4 Animal Kingdom chapter 5 morphology of flowering plants P.A-1 EXAMINATION
October	19	Chapter 6 anatomy of flowering plants Chapter 7 structural Organisation in animals
November	15	Chapter 10 cell cycle and cell division Chapter 11 transport in plants
December	20	Chapter 12 mineral nutrition Chapter 13 photosynthesis in higher plants Chapter 14 respiration in plants HALF YEARLY EXAMINATION
January	18	chapter 15 plant growth and development Chapter 16 digestion and absorption chapter 17breathing and exchange of gases P.A-2 EXAMINATION
February	19	Chapter 18 body Fluids and circulation chapter 19 excretory products and their elimination Chapter 20 locomotion and movement
March		chapter 9 biomolecules chapter 21 neural control and coordination chapter 22 chemical coordination and integration Revision ANNUAL / BOARD EXAMINATION



Usha Martin World School, Patna

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SPLIT UP SYLLABUS :CLASS - XI

Subject : ACCOUNTANCY

MONTH	Working Days (Approx.)	LESSONS / TOPICS	
		Introduction to Accounting	
JUNE	09	 Accounting- concept, meaning, as a source of information, objectives, advantages and limitations, types of accounting information; users of accounting information and their needs. Qualitative Characteristics of Accounting Information. Role of Accounting in Business. Basic Accounting Terms- Entity, Business Transaction, Capital, Drawings. Liabilities (Non Current and Current). Assets (Non Current, Current); Expenditure (Capital and Revenue), Expense, Revenue, Income, Profit, Gain, Loss, Purchase, Sales, Goods, Stock, Debtor, Creditor, Voucher, Discount (Trade discount and Cash Discount) Theory Base of Accounting 	
		Fundamental accounting assumptions: GAAP: Concept Basic accounting concept: Business Entity, Money Measurement, Going Concern, Accounting Period, Cost Concept, Dual Aspect, Revenue Recognition, Matching, Full Disclosure, Consistency, Conservatism, Materiality and Objectivity System of Accounting. Basis of Accounting: cash basis and accrual basis Accounting Standards: Applicability in IndAS	
		Goods and Services Tax (GST): Characteristics and Advantages.	
JULY	24	 Recording of Business Transactions Voucher and Transactions: Source documents and Vouchers, Preparation of Vouchers, Accounting Equation Approach: Meaning and Analysis, Rules of Debit and Credit. Recording of Transactions: Books of Original Entry- Journal 	
AUGUST	20	 Special Purpose books: Cash Book: Simple, cash book with bank column and petty cashbook Purchases book Sales book Purchases return book Sales return book Journal proper Note: Including trade discount, freight & cartage expenses for simple GST calculation. Ledger: Format, Posting from journal and subsidiary books, Balancing of accounts 	
SEPTEMBER	24	Bank Reconciliation Statement: Need and preparation, Bank Reconciliation Statement Depreciation, Provisions and Reserves Depreciation: Meaning, Features, Need, Causes, factors Other similar terms: Depletion and Amortization Methods of Depreciation: Straight Line Method (SLM), ii. Written Down Value Method (WDV) Note: Excluding change of method Difference between SLM and WDV; Advantages of SLM and WDV Method of recoding depreciation:- Charging to asset account Creating provision for depreciation/accumulated depreciation account P.A-1 EXAMINATION	

OCTOBER	13	 Treatment of disposal of asset Provisions, Reserves, Difference between Provisions and Reserves. CONT
NOVEMBER	21	CONT Types of Reserves: i. Revenue reserve ii. Capital reserve iii. General reserve iv. Specific reserve v. Secret Reserve Difference between capital and revenue reserve REVISION & HALF-YEARLY EXAM
		Trial balance and Rectification of Errors Trial balance: objectives, meaning and preparation
		(Scope: Trial balance with balance method only)
DECEMBER	23	 Errors: classification-errors of omission, commission, principles, and compensating; their effect on Trial Balance. Detection and rectification of errors;
		(i) Errors which do not affect trial balance
		(ii) Errors which affect trial balance
		(iii) preparation of suspense account.
		HALF YEARLY EXAMINATION
JANUARY	22	Financial Statements Meaning, objectives and importance; Revenue and Capital Receipts; Revenue and Capital Expenditure; Deferred Revenue expenditure. Opening journal entry. Trading and Profit and Loss Account: Gross Profit, Operating profit and Net profit. Preparation. Balance Sheet: need, grouping and marshalling of assets and liabilities. Preparation. Adjustments in preparation of financial statements with respect to closing stock, outstanding expenses, prepaid expenses, accrued income, income received in advance, depreciation, bad debts, provision for doubtful debts, provision for discount on debtors, Abnormal loss, Goods taken for personal use/staff welfare, interest on capital and managers commission. Preparation of Trading and Profit and Loss account and Balance Sheet of a sole proprietorship with adjustments. P.A-2 EXAMINATION
FEBRUARY	22	REVISION WORK.
MARCH		BOARD EXAMINATION



Usha Martin World School, Patna

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SPLIT UP SYLLABUS : CLASS - XI

Subject :- Business Studies

MONTH	Working Days (Approx.)	LESSONS / TOPICS
APRIL	17	Chapter-1-Concept and characteristics of business—Business ,profession and employment-meaning , objectives –classification of business activities,
MAY	12	Continued ,Industries -types, meaning-Commerce -trade-types meaning business risk-nature and Causes.
June	07	Chapter:-I revision recognitions and reinterpretation of the topics .Correction of vacation Homework.
July	23	Chap -2. Forms of Business— Sole proprietorship, ,Joint Hindu family business, Cooperative Society, Joint stock company,choice -formation of company- starting a business. Chap -3. Public, Private and Global Enterprises-type, forms, Changing roles -MNC –PPP
August	19	Chap -4. Business Services –Nature, Types, Banking, e-banking, Insurance, Communication Services. Chap -5. Emerging Modes of business-e-business – concept benefits, limitations, Online transactions- Security Measures to secure safe transaction.
September	22	Chap-6 Social Responsibility of Business and Business Ethics -Concept ,Need Kinds Responsibilities towards different groups P.A-1 EXAMINATION
October	19	Continued chapter 6 -Business environment and Protection. Business Ethics Chap-7 .Sources of Business Finance- concept, classification, sources -retained earnings,
November	15	Shares, trade credit, factoring, Lease, Deposit, Commercial papers, Debentures, Commercial Banks Financial Institutions -Factors affecting raising of funds .
December	20	Chap -8. Small Business-MSMED ACT —meaning, Nature-Administrative Set up — Role Government Assistance, Institutions and Schemes, Problems, Futures. HALF YEARLY EXAMINATION
January	18	Chap- 9. Internal Trade -Wholesale Retail trade types of retail trade .Role of Indian chamber Of Commerce, Documentation for trade. Chap- 10. International Trade – concept, features, characteristics, advantages, problems .Exports Imports Documentation and WTO. P.A-2 EXAMINATION
February	19	Revision Project preparation.
March		BOARD EXAMINATION



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SPLIT UP SYLLABUS : CLASS – XI

Subject: Economics

Month	Working Days (Approx.)	Lessons/Topic
April		
may		
		(MICRO ECONOMICS) CHAPTER 1 :- MEANING OF MICRO AND MACRO
June	07	ECONOMICS
		(MICRO ECONOMICS) CHAPTER 3 :- PRODUCERS BEHAVIOUR AND SUPPLY
July	23	(MICRO ECONOMICS) CHAPTER 3 :- PRODUCERS BEHAVIOUR AND SUPPLY &
July	25	CHAPTER 4:- FORMS OF MARKET
		(STATISTICS) CHAPTER 1 :- CONCEPT OF ECONOMICS AND SIGNIFICANCE OF
		STATISTICS IN INDIA
August	19	(MICRO ECONOMICS) CHAPTER 2 :- CONSUMER BEHAVIOUR AND DEMAND
		ELASTICITY
		CHAPTER 2 :- COLLECTION OF DATA
		(STATISTICS) CHAPTER 3 :- CENSUS AND SAMPLE METHOD OF COLLECTION OF
September	22	DATA
September		CHAPTER 4: ORGANISATION OF DATA
		P.A-1 EXAMINATION
	19	(STATISTICS) CHAPTER 5 :- PRESENTATION OF DATA — TEXTUAL AND TABULAR
October		PRESENTATION
		CHAPTER 6: DIAGRAMMATIC PRESENTATION
	15	(STATISTICS) CHAPTER 7 :- FREQUENCY DIAGRAM (HISTOGRAM, POLYGON,
November		OGIVE)
November		CHAPTER 8 :- AIRTHMETIC LINE – GRAPH OR TIME SERIES
		CHAPTER 9: - MEASURES OF CENTRAL TENDENCY (MEAN)
		(STATISTICS) CHAPTER 10 :- MEASURES OF CENTRAL TENDENCY (MEDIAN &
December	20	MODE)
December	20	CHAPTER 11
		HALF YEARLY EXAMINATION
		(STATISTICS) CHAPTER 12 :- CORRELATION
January	18	(STATISTICS) CHAPTER 13 :- INDEX NUMBERS
		P.A-2 EXAMINATION
February	19	REVISION WITH CBSE SAMPLE QUESTION PAPERS
March		BOARD EXAMINATION



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SPLIT UP SYLLABUS :CLASS – XI

Subject: HISTORY

MONTH	WORK-ING DAYS	LESSION
		BOOK – Themes In World History
JUNE	07	Section:-1
		Theme:-2
_		Writing & Clay life
		BOOK – Themes In World History
		Section:-1
ших	22	Theme:-2
JULY	23	Writing & Clay Life Section:-2
		Theme:-3
		An Empire Across Three Continents
		BOOK – Themes In World History
		Section:-2
AUGUST	19	Theme:-5
		Nomadic Empires
		BOOK – Themes In World History
		Section:-2
SEPTEMBER	22	Theme:-5
		Nomadic Empires
		P.A-1 EXAMINATION
		BOOK – Themes In World History
OCTOBER	10	Section:-3
OCTOBER	19	Theme:-6
		The Three Orders
	15	BOOK – Themes In World History
NOVEMBER		Section:-3
		Theme:-7
		Changing Cultural traditions
		BOOK – Themes In World History
		Section:-4
DECEMBER	20	Theme:-10
		Displacing Indigenous peoples
		HALF YEARLY EXAMINATION
		BOOK – Themes In World History
		Section:-4
		Theme:-10
JANUARY	18	Displacing Indigenous Peoples
		Section:-4 Theme:-11
		Paths to Modernization
		P.A-2 EXAMINATION
FEBRUARY	19	Revision
MARCH		BOARD EXAMINATION



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SPLIT UP SYLLABUS :CLASS – XI

Subject: GEOGRAPHY

MONTH	WORKING DAYS	LESSION/TOPIC
IVIOIVIA	(APROX.)	LESSION/TOPIC
JUNE	07	Book –(1) - Fundamentals Of Physical Geography UNIT-1
		Chapter:-1 Geography as a discipline
		Book –(1) - Fundamentals Of Physical Geography UNIT-2
		Chapter:-2 The Origin & Evolution of the Earth
		Chapter:-3 Interior Of The Earth
JULY	23	Book- (2) - India Physical Environment
		UNIT-1
		Chapter:-1 India – Location
		Book- (3) - Practical Work In Geography (Part – 1)
		Chapter:-1 Introduction to Maps
		Book – (1) - Fundamentals Of Physical Geography
		UNIT-2
		Chapter:-4 Distribution of Oceans & Continents
ALICUST	10	UNIT-3 Rock (2) India Physical Environment
AUGUST	19	Book- (2) - India Physical Environment
		UNIT – 2 Chapter:-2 Structure & Physiography
		Book- (3) Practical Work In Geography (Part – 1)
		Chapter:-2 Map Scale
		Book – (1) Fundamentals Of Physical Geography
		UNIT-3
		Chapter-6 Geomorphic Processes
		Book- (2) - India Physical Environment
SEPTEMBER	22	UNIT-2
J		Chapter:-3 Drainage System
		Book- (3) - Practical Work In Geography (Part – 1)
		Chapter-3 Latitude, Longitude & Time
		P.A-1 EXAMINATION
		Book – (1) - Fundamentals Of Physical Geography
		UNIT-3
OCTOBER	19	Chapter:-7 Landforms & their Evolution
		Book- (3) - Practical Work In Geography (Part – 1)
		Chapter:-4 Map Projections
		Book –(1) - Fundamentals Of Physical Geography
		UNIT-4
		Chapter:-8 Composition & Structure Of Atmosphere
NOVEMBER		Chapter:-9 Solar Radiation, Heat Balance & Temperature
		Chapter:-10 Atmosphere Circulation & Weather Systems
	15	Book -(2) - India Physical Environment
		UNIT – 3
		Chapter:-4 Climate
		Book-(3) - Practical Work In Geography (Part – 1)
		Chapter:-5 Topographical Maps

		Book –(1) - Fundamentals Of Physical Geography UNIT-4
		Chapter:-11 Water in the Atmosphere
		Chapter:-12 World Climate & Climate Change
		UNIT-5
DECEMBER	20	Chapter:-13 Water (Oceans)
		Book-(2) - India Physical Environment
		UNIT – 3
		Chapter:-5 Natural Vegetation
		HALF YEARLY EXAMINATION
		Book –(1) - Fundamentals Of Physical Geography
		UNIT-5
		Chapter:-14 Movements of Ocean Water
		·
JANUARY	18	Chapter:-16 Biodiversity & Conservation
		Book-(2) - India Physical Environment
		Book-(3) - Practical Work In Geography (Part – 1)
		Chapter:-7 Introduction to Remote Sensing
		P.A-2 EXAMINATION
		Book –(1) - Fundamentals Of Physical Geography
		Revision
		Book-(2) - India Physical Environment
FEBRUARY	19	UNIT – 4
		Chapter:-7 Natural Hazards & Disasters & Revision
		REVISION
MARCH		BOARD EXAMINATION



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SPLIT UP SYLLABUS : CLASS – XI

Subject: POLITICAL SCIENCE

MONTH	Working Days (Approx.)	LESSONS / TOPICS
June	10	Introduction to political theory, Making of the constitution
July	24	Fundamental rights , Freedom
August	20	Equality , Rights,
September	24	System of Representational Democracy, Social justice , Constitution as a living document
		P.A-1 EXAMINATION
October	13	Citizenship, Executive in a parliamentary system
November	21	Legislature at the central and state level, Judiciary
December	23	Citizenship, Nationlism , Secularism HALF YEARLY EXAMINATION
January	22	Federalism , Local Government, P.A-2 EXAMINATION
February	22	Political philosophy underlying the constitution
March	Revision	BOARD EXAMINATION



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SPLIT UP SYLLABUS :CLASS – XI

Subject: Computer science

MONTH	Working Days (Approx.)	LESSONS / TOPICS	
APRIL			
MAY			
June	07	Getting started with Python	
July	23	Python Fundamentals, Data handling, Conditional and iterative statements	
August	19	String Manipulation, Debugging Programs, List manipulation	
September	22	Tuples, Dictionaries, Understanding Sorting P.A-1 EXAMINATION	
October	19	Computer system overview, Data Representation, Boolean Logic, Insight into Program Execution.	
November	15	Relational Database, Simple Queries in SQL, Table creation and data manipulation commands	
December	20	Table Joins and Indexes in SQI, Basics of NoSQL database- Mongo DB HALF YEARLY EXAMINATION	
January	18	Cyber Safety, Online Access and computer security P.A-2 EXAMINATION	
February	19	Revision	
March	BOARD EXAMINATION		



(Session : **2023-24**)

SPLIT UP SYLLABUS : CLASS - X1

Subject: PAINTING (049)

MONTH	Working Days (Approx.)	LESSONS / TOPICS	
APRIL	17	UNIT 1 INTRODUCTION OF ART. Set 1 day 1-5 Introduction of art Set 2 day 1-5Sadanga, elements of art, principal of art ,form,space, set 3day 1_7 colour, Sketching	
MAY	12	UNIT 2 PRE -HISTORIC ROCK PAINTING part 1 Set 4 day 1-5 introduction, location, Set 5 day 1-5 different periods Set 6 day 1_2 practice of drawing	
June	07	UNIT 3 part 1 BUDDHIST, JAIN AND HINDU ART. Part 1 Set 6. Day 1-7 introduction . Features.	
July	23	Unit 3 Set 7 day 1-5 study of different sculptures, Set 8 day 1-5 Part 2 AJANTA PAINTING – introduction Set 9 day 1-5 characteristics, different painting and sculpture details. Set 10 day 1-5 study Set 11 day 3 water colour	
August	19	UNIT 3 part 1 TEMPLE ART, SCULPTURES, BRONZE AND ARTISTIC ASPECT OF INDO-ISLAMIC ARCHITECTURE Set 12 day 1-5 introduction, temple art techniques. Set 13 day 1-5 konark, Mahabalipuram, khajuraho, Trimurti. Set 14 day 1-5 Bronze sculpture, kailash temple. Set 15 day 1-4 study of design, composition	
September	22	Unit 3 part 2 INDO-ISLAMIC ARCHITECTURE Set 16 day 1-5 introduction, features. Set 17 day 1-5 tajmahal, kutubminar,golgumbaj. Set 18 day 1-5 knowledge of different mediums. Set 19 day 1-5. Composition P.A-1 EXAMINATION	
October	19	Set 20 day 1-5 colour collage. Set 21 day 1-5 Nature study Set 22 day 1-4. Study of Nigetive and positive composition	
November	15	Set 23 day 1-5 oil pastel study Set 24 day 1-5 human anatomy study Set 25 day 1-5 arrangement of figure .	
December	20	Set 26 day 1-5Line drawing. Set. 27day 1-5 dot painting Set. 28 day 1-5water colouring Set. 29 day 1-5 study HALF YEARLY EXAMINATION	
January	18	Set 30 day 1-5 sketching (pencil) Set 31 day 1-5 sketching (pencil colour) Set 32 day 1-7 study P.A-2 EXAMINATION	
February	19	Revision	
March	BOARD EXAMINATION		



(Session : **2023-24**)

SPLIT UP SYLLABUS : CLASS - X1

Subject: PHYSICAL EDUCATION (048)

MONTH	Working Days (Approx.)	LESSONS / TOPICS
JUNE	7	Unit I Changing Trends & Career in Physical Education •Concept, Aims & Objectives of Physical Education •Changing Trends in Sports- playing surface, wearable gears and sports equipment, technological advancements •Career Options in Physical Education •Khelo-India and Fit-India Program
JULY	23	 Unit II Olympism Ancient and Modern Olympics Olympism – Concept and Olympics Values (Excellence, Friendship & Respect) Olympics - Symbols, Motto, Flag, Oath, and Anthem Olympic Movement Structure - IOC, NOC, IFS, Other members Unit III Yoga Meaning & Importance of Yoga Introduction to Ashtanga Yoga Introduction to Yogic Kriyas (Shat Karma)
AUGUST	19	Unit IV Physical Education & Sports for CWSN (Children with Special Needs - Divyang) •Concept of Disability and Disorder •Types of Disability, its causes & nature (Intellectual disability, Physical disability) • Aim & Objective of Adaptive Physical Education • Role of various professionals for children with special needs (Counsellor, Occupational Therapist, Physiotherapist, Physical Education Teacher, Speech Therapist & Special Educator)
SEPTEMBER	22	 Unit V Physical Fitness, Health and Wellness Meaning and Importance of Wellness, Health and Physical Fitness Components/Dimensions of Wellness, Health and Physical Fitness Traditional Sports & Regional Games for promoting wellness Unit VI Test, Measurement & Evaluation Concept of Test, Measurement & Evaluation in Physical Education & sports. Components of Diet P.A-1 EXAMINATION
		 Classification of Test in Physical Education and Sports. Test administration guidelines in physical education and sports Unit VII Fundamentals of Anatomy, Physiology in Sports

OCTOBER	19	 Definition and Importance of Anatomy and Physiology in exercise and sports ● Functions of Skeletal system, classification of bone and types of joints. ● Function and Structure of Circulatory system and heart. ● Function and Structure of Respiratory system.
NOVEMBER	15	 Unit VIII Fundamentals of Kinesiology and Biomechanics in Sports Definition and Importance of Kinesiology and Biomechanics in sports Principles of Biomechanics Types of Body Movements - Flexion, Extension, Abduction, Adduction, Rotation, Circumduction, Supination & Pronation Axis and Planes - Concept and its application in body movements
DECEMBER	20	 Unit IX Psychology & Sports Definition & Importance of Psychology in Physical Education & Sports Adolescent Problems & Their Management Team Cohesion and Sports HALF YEARLY EXAMINATION
JANUARY	18	 Unit X Training and Doping in Sports Concept and Principles of Sports Training Training Load: Over Load, Adaptation, and Recovery Concept of Doping and its disadvantages P.A-2 EXAMINATION
FEBRUARY		REVISION
MARCH		BOARD EXAMINATION